

Please contact the merchant directly for all orders. For all other inquiries, please contact lucy@psfn.org

Thank you for supporting the Seattle Wholesale Market.

Fresh Sheet for the week of 9/29

PLEASE CONTACT EACH VENDOR TO PREORDER for PICK- UP at Seattle WholeSale Market or arrange for DELIVERY

**Willie Green's Organic Farm**

Beth Bystedt  
425-485-4128  
  
info@williegreens.org

**Products**

**Price**

**Minimum Quantity**

**Notes**

Salad Mix \$16.00 / 3# CS  
Spinach \$19.00/ 4#CS  
Arugula \$19.00/4#CS  
Baby Heads \$19.00 / 3.5# CS  
Big Head Lettuce \$30.00/CS (24 heads)  
Braising Mix \$16.00/3# CS  
\$48.00 /CS (24 BU/CS)  
Carrots \$2.50/EA  
Chiogga Beets \$2.50/BU  
Chard (red) \$2.00/BU  
Collards \$2.00/BU  
Kale (Red Russian) \$2.00/BU  
Kale (Lacinato) \$2.00/BU  
Kale (Winterbor) \$2.00/BU  
Leeks \$2.50 / #  
Fortex Beans \$2.50 / #  
Onions, Yellow Storage \$0.75 / #  
Corn \$0.75 / Ear  
Garlic \$9.95 / #  
Parsley \$1.75 / BU  
Basil \$5.00/ #

\$7.00/#  
\$7.00/#  
\$7.00/#  
\$6.50/#  
\$2.00/EA  
\$7.00/ #  
  
\$2.50/EA  
\$2.50/BU  
\$2.00/BU  
\$2.00/BU  
\$2.00/BU  
\$2.00/BU  
\$2.50 / #  
\$2.50 / #  
\$0.75 / #  
\$0.75 / Ear  
\$9.95 / #  
\$1.75 / BU  
\$2.50/ BU

**Pettersson Farms**

Mona Lisa Pettersson  
petterssonfarms@hotmail.com  
206-999-6886

**Products**

**Price**

**Minimum Quantity**

**Notes**

Lamb, Rib Chops \$9.45/lb  
Lamb, Rib Roast(Rack) \$13.50/lb  
Lamb, Loin Chop \$13.05/lb  
Lamb, Blade Steak \$6.75/lb  
Lamb, Roast Boneless \$6.30/lb  
Lamb Shank \$7.65/lb  
Lamb, Spareribs \$7.20/lb  
Lamb, Boneless leg (Half) \$9/lb  
Leg Bone-In (Half) \$8.10/lb  
Lamb, Sirloin Chop \$8.55/lb  
Lamb, Neck Steaks \$4.50/lb  
Lamb, Kabob Cubes \$8.10/lb  
Lamb, Ground \$7.20/lb

None

PSFN member

**Full Circle Farm**

Bill Brown or Sabrina Wilz  
425-333-4677 \*122

**Products**

**Price**

**Minimum Quantity**

**Notes**

Chard (Green, red and rainbow  
Kale (Green and red)

Call to inquire

All farm products certified organic, salmon safe  
PSFN member

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sabrinaw@fullcirclefarm.com		Dandelion (green and red)			
		Chickory (curly endive and frisee)			
		Mixed Baby Lettuce Heads			
		Carrots, orange, bunched			
		Beets (red and golden)			
<b>Koppang Orchard/Farm</b>		<b>Products</b>	<b>Price</b>	<b>Minimum Quantity</b>	<b>Notes</b>
					Pre-order by noon Tuesday to pick up at Market Wednesday. Specific varieties upon request -limited to season availability. Generally sold as Heirloom variety box - based on availability unless pre-order.
John and Mary Catherine Koppang		Cucumber, Lemon (heirloom)	\$.50/lb or 20 # box for \$10		
		Jerusalem Melons	\$.60 lb. or 20 # box for \$12		
mcat@sagensun.net		Tomato, heirloom (Red/pink 8-12 oz)	\$2.50/lb	10 lb. box	Ace 55, Carmelo, Thessaloniki, Earlianna, June pink, Moskovich, Abe Lincoln, Wis 55, Druzba, Picardy, Honey.
509-787-1305		Tomato, heirloom (Black 6-12 oz)	\$2.50/lb	10 lb. box	Japanese Black Truffle, Nyagous, Black Sea Man, black Zebra, Chocolate zebra.
Cell: 206-406-0864		Tomato, heirloom (Orange 8-12 oz)	\$2.50/lb	10 lb. box	Nebraska Wedding, Nectarine, Peg's round, Tobolsk.
	All our produce is organically grown and pesticide free.	Tomato, heirloom (Yellow Orange w/ red streaks Beefsteak 8-12 oz)	\$2.50/lb	10 lb. box	Texas star, Big Rainbow, Lucky Cross, Mammoth German gold, Hillbilly, Armenian, striped German, Dagma's perfection, Gary Isben's Gold.
		Tomato, heirloom (Red Beefsteak)	\$2.50/lb	10 lb. box	Giant Beefsteak, Watermelon, Mrs. Maxwell, Mortgage Lifter, Bush Beefsteak, Black Krim, Boondock, Brandywine black, Cherokee Chocolate, Cherokee Purple, Giant Belgium, Schwarze Sarah, Striped chocolate.
		Tomato, heirloom (Pink/purple/black/brown Beefsteak)	\$2.50/lb	10 lb. box	Dixie Golden Giant, Golden Queen, Yellow Brimmer.
		Tomato, heirloom (Yellow Beefsteak)	\$2.50/lb	10 lb. box	Cherokee Green, Green Velvet.
		Tomato, heirloom (Green ripe)	\$2.50/lb	10 lb. box	Black Cherry, Mexico Midget, ping pong, red star, super snow white, Yellow gooseberry.
		Tomato, heirloom (Cherry)	\$2.50/lb	10 lb. box	Bloody Butcher, plum lemon. Taxi.
		Tomato, heirloom (2-6 oz)	\$2.50/lb	10 lb. box	German red strawberry, Strawberry Orange, ox heart, Brad's Black heart.
		Tomato, heirloom (Ox heart Type)	\$2.50/lb	10 lb. box	Rio Grande, San Marzano Redorta, San Marzano Paste, Super Italian Paste, Carol Chyko's Big Paste.
		Tomato (Paste)	\$1.50/lb	20 lb. box	Mixed varieties or specify size
		Tomato: Green (unripe)	Perfect picklers!	Perfect picklers!	
		Tomato: (Canning)	"\$1.50 lb	20 lb box	
<b>Matt's Fresh Fish</b>		<b>Products</b>	<b>Price</b>	<b>Minimum Quantity</b>	<b>Notes</b>
		Frozen VP PBO sockeye salmon fillets	Call to inquire		San Juan Island and Bristol Bay caught
Matt Marinkovich 360 472 0392		Frozen, whole H&G sockeye			Caught in San Juan Island

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Keta Salmon available in October!  
Skinless, boneless IQF, 50lb boxes perfect for institutional use. Keep track of Matt's Fresh Fish products on PSFN online.

thinkfish@rockisland.com					PSFN member
<b>Stokesberry Sustainable Farm</b>	<b>Products</b>	<b>Price</b>	<b>Minimum Quantity</b>	<b>Notes</b>	
Janelle & Jerry Stokesberry jstokesberry@olywa.net	Chicken, Feet (frozen)	Call to inquire		organic chicken parts for making stock/soup Please call to pre-order for pick up or delivery	
360-878-2294 Organic Poultry!	Chicken, Backs (Frozen)				
	Chicken, Necks (Frozen)				
	Chicken, Gizzards (Frozen)				
	Duck, Feet (Frozen)		Limited supply		
	Duck, Hearts (Frozen)		Limited supply		
<b>Aldrich Farm</b>	<b>Products</b>	<b>Price</b>	<b>Minimum Quantity</b>	<b>Notes</b>	
Contact: Richard Buford richbuford@comcast.net 360 920 5653	Chipotle Apple Sauce	Inquire directly with vendor		These all-natural home style jams & jellies would be the envy of any Northwest home maker. Uniquely Northwest, use as a glaze on meat or poultry dishes or as a spread for toast or bagels. Blend with cream cheese for a delightful dipping appetizer. PSFN member	
	Chipotle Raspberry Sauce				
	Chipotle Blackberry Sauce				
	Apple Chipotle Mustard				
	Champagne Mustard				
	Raspberry Mustard				
	Raspberry Chipotle Mustard				
	Sweet Hot Mustard				
	Raspberry Chocolate Jam				
<b>Maltby Produce</b>	<b>Products</b>	<b>Price</b>	<b>Minimum Quantity</b>	<b>Notes</b>	
Liesa Postema, cell: 206-930-0007 - email: liesa@flowerworldusa.com				All product is grown by us in Snohomish/Maltby.	
Chad Bullock, cell: 206-930-6251 - email: chad@flowerworldusa.com	Arugula (Bunched)			Please call to preorder! We will not have all these items with us on the truck 80% grown without use of pesticides	
	Arugula (Loose)				
	Beets (Baby, Bunched, Cylindrical, Loose)			PSFN member	
	Beans (Green, Bush)				
	Beans (Fillet)				
	Beans (Pole)				
	Bean (Purple)				
	Beans (Yellow)				
	Broccoli (crown)				
	Cabbage (Arrowhead)				
	Cabbage (Green)				
	Cabbage (Red)				
	Cabbage (Savoy)				

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	Carrots (bunched and clip top)				
	Cauliflower (cheddar)				
	Cauliflower (crown white)				
	Cauliflower (Minaret)				
	Cauliflower (Chartreuse)				
	Cauliflower (purple)				
	Chard (bunched)				
	Collard (bunched)				
	Cucumber (English, long)				
	Cucumber (Medium)				
	Cucumber (Pickling)				
	Cucumber (snackers)				
	Cucumber (white)				
	Kale, Red Bor				
	Kale, Red Russian				
	Kale, Winterbor				
	Kohlrabi (red, white)				
	Lettuce, Buttercrunch				
	Lettuce, Green Leaf				
	Lettuce, Iceberg				
	Lettuce, red leaf				
	Lettuce, Romaine				
	Lettuce mix				
	Salad Mix, Spring				
	Salad Mix, Spicy				
	Onions, bunching - green/purple				
	Onion, Cipollini gold/white				
	Onion, loose pearl/purple				
	Onion, Walla Walla				
	Peppers, Anaheim				
	Pepper, Biscayne				
	Pepper, Cherry Bomb				
	Pepper, green Bell				
	Pepper, Habanero				
	Pepper, Jalapeno				
	Pepper, Kung Pow				
	Pepper, purple bell				
	Pepper, red Bell				
	Pepper, Serrano				
	Pepper, white bell				
	Potato, Fingerlings - French (white)				
	Potato, Fingerlings - Russia				
	Banana				
	Potato, Red LaSoda				
	Potato, Russett				
	Potato, Yellow Finn				
	Potato, Yukon Gold				
	Radicchio				
	Rhubarb				

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- Sorrel
- Spinach (bunched)
- Squash, crookneck
- Squash, eightball
- Squash, zucchini green
- Squash, zucchini yellow
- Tomato, cherry
- Tomato, cherry sungold
- Tomato, green
- Tomato, heirloom
- Tomato, medium / large
- Tomato, Roma
- Turnips, loose
- Watercress
  
- Basil
- Bay Laurel
- Chives
- Cilantro
- Dill
- Lavender
- Lavender Flowers
- Lemon Verbena
- Marjoram
- Mint - Apple
- Mint - Chocolate
- Mint - Ginger
- Mint - Spearmint
- Oregano - Greek
- Oregano - Hot'n'Spicy
- Parsley
- Parsley - Italian
- Rosemary
- Sage - Honeydew
- Sage - Purple
- Sage - Tricolor
- Tarragon - French
- Thyme - Green
- Thyme - Lemon
- Thyme - Silver
- Apple (Gravenstein, Rosy Glow and Summerred)
- Berries (Goose)
- Pear (D'Anjou)
- Rhubarb
- Strawberries

Inquire availability of all herbs

**Boulangerie Nantaise**  
[sales@boulangerienantaise.com](mailto:sales@boulangerienantaise.com)  
 Jay Sunstrum

**Products**

**Price**

**Minimum Quantity**

**Notes**

Organic Baked Breads

Call to inquire

PSFN member

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206.728.5999

**Sherman's Pioneer Farm Produce**

shermanspioneerfarmproduce@

Dale Sherman

(360) 678-4675

**Products**

**Price**

**Minimum Quantity**

**Notes**

Squash, Sugar Hubbard, 5 lb bag cubed

Call to inquire

Facility licensed by WSDA Dept of Agriculture under strict quality control guidelines

A Whidbey Island heirloom, the Sugar Hubbard variety will soon be more famous than cabbage patch kids, beanie babies and tickle me elmo combined!

Squash, Sugar Hubbard, 5 lb bag wedges

Squash, Sugar Hubbard, 1 lb cubed pack

Squash, Sugar Hubbard, 1-2 lb chunks, shrinkwrapped

**Viva Farms**

**Products**

**Price**

**Minimum Quantity**

**Notes**

Contact: Sarita Role Schaffer, sschaffer@wsu.edu, 206-914-7948

**La Casita Roja (Viva Farm), operated by Roxanna Torres-Valdovinos and Hugo Valdovinos**

Corn Bicolor, White 2-3 bins / 20 cases) max

Call to inquire

None

Items available for purchase/order at Wednesday 9/29 in Seattle and Thursday 9/30 in Mt Vernon. Call ahead to place orders!

PSFN member  
Small flock, pastured. We wash our eggs with egg wash and all the girls have their vaccinations.

Eggs 12 dozen max

Beans French beans – green long – 20# max

Magda Squash (young) 15# max, (big ones) all you can carry!

**NW GreenFarm (Viva Farm) operated by Salvador and Misael Morales**

Tomatillo

Call to inquire

Up to 5 cases

Pepper, Serrano/Bandido chile

Pepper, Jalapeno chile

Cilantro

Oaxacan Pumpkins

Flor de Calabaza

Up to 20 #  
up to 80 bunches  
no limit

**Regino's Farm ( Viva Farm)**

Strawberry 7 ½ flat max

Green Beans 7" 20#

**Pure Nelida (Viva Farm) operated by Nelida Martinez**

Jalapeno 10-15# max

Call to inquire

None

Serrano Pepper 10# max

Roma Tomato 20# max

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		Purslane (Verdolaga) 15-20 bunches max			
		Magda Squash 15# max			
		Beets 1 case of 12 bunches max			
	<b>Lozano Farm (Viva Farm)</b>	Cucumber 12# max	Call to inquire		
		Green Bean 20# max			
		Patty pan squash 30-40# max			
	<b>Ninety Farms</b>	<b>Products</b>	<b>Price</b>	<b>Minimum Quantities</b>	<b>Notes</b>
	Linda Neunzig	Lamb	Call to inquire		PSFN member
	ninetyfarms@aol.com	Beef			
		Veal			
	<b>Hedlin Farm</b>	<b>Products</b>	<b>Price</b>	<b>Minimum Quantities</b>	<b>Notes</b>
	Kai Ottesen kottesen@gmail.com				Please also visit them in Mt Vernon at the Skagit WholeSale Market on 9/30 or at their La Conner farm stand.
		Basil, Italian	\$10.00	1#	
		Basil, Thai	\$10.00	1#	Slight sweet anise flavor - otherwise use just like italian var.
		Beets, Bulk	\$23.75	25#	Available as any single color (l.e. red) or gold/ chioggia/ white assortment
		Broccoli	\$21.00	15lb	New Block- beautiful crowns
		Cabbage, Savoy, Red and Green	\$23.75	25#	
		Cauliflower, Purple	\$43.75	25#	
		Cauliflower, White	\$35.00	25#	
		Cilantro	\$12-\$18	12 .24 bu	
		Collard greens	\$15	12 bu	
		Cucumber, English	\$26.25	15 lb.	
		Cucumber, Salad	\$26.25	15 lb.	
		Fennel, Bulb and Frond	\$9 / \$15	6 / 12 ct case	
		Kale, Red Russian and Lacinato	\$15	12 ct case	
		Kohlrabi, red or green bulk	\$15 / \$25	10 / 20 lb	large fist size bulbs, still tender.
		Leek, baby	\$15	10 lb	
		Onion, Cipolini, fresh	\$25	10 lb	large for cipolini - stronger than sweet onions and sweeter than traditional cooking onions - distinctive flavor & easier prep - great roasted or cut into 8ths in soups & stews
		Parsley, Italian	\$15 / \$24	12 bu / 24 bu	
		Shallot, "Ambition" fresh	\$17.50	5 lb	Large bulbs make for easier prep
		Summer Squash	\$18.75	15 #	Assorted Zucchini & Scallop types - green & yellow - single type/color or mix available.
	<b>McSweet LLC</b>	<b>Products</b>	<b>Price</b>	<b>Minimum Quantities</b>	<b>Notes</b>

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					McSweet provides the extraordinary in gourmet pickled vegetables with fresh, hand-packed vegetables packed in a smooth, sweet brine.
Jim McCaslin		Pickled Asparagus		1 case	
1-877-627-9338		Pickled Dilly Beans		1 case	
<a href="mailto:jmcsweet@comcast.net">jmcsweet@comcast.net</a>		Pickled Giardiniera		1 case	
		Olive Bliss		1 case	
					McSweet's invigorating flavor combined with a cocktail or favorite dish creates an unbeatable taste, perfect for any holiday bash!
<b>Dave's Produce</b>		<b>Products</b>	<b>Price</b>	<b>Minimum Quantities</b>	<b>Notes</b>
Dave North		Cucumber (slicer)	\$15.00	20 lb box	Fresh picked every day of the week
509-989-5446		Eggplant (black beauty)	\$10.00	10 lb box	Custom Grow what you ask For- Ask Today!
<a href="mailto:Tongloag@aspeedynet.net">Tongloag@aspeedynet.net</a>		Shallot	\$9.00	10 lb box	Always looking to serve you better
		Onion, Cippolini (white)	\$12.50	10 lb box	
		Pepper, Sweet Hungarian	\$10.00	10 lb box	
		Pepper, Anaheim chile	\$13.00	10 lb box	
		Pepper, Habanero chile	\$30.00	10 lb box	
		Pepper, Poblano chile	\$9.00	10 lb box	
		Pepper, Serrano chile	\$10.00	10 lb box	
		Squash, Acorn	\$11.00	20 lb box	
		Tomatoes, (processing, red and orange)	\$10.00	20 lb box	