

Meet Elouise...

In 1997, my health began to decline and my daughter and I worried about me staying at home alone all day. It was then that we found Elderhaven.

This is the best adult day care! The staff is so nice and treats everyone with respect. I am able to still live with my daughter but get to spend all day with my friends keeping active with games and activities. There is so much to do here, that if you're ever bored, it's your own fault!

Elouise

Elouise is a bright, vibrant woman of age 86. A native Austinite, Elouise has been caring for others for her entire life - as a devoted wife who raised four children, professionally as a nurse's aide, and as a caregiver to her in-laws and her own aging parents.



If not for your generosity, Elouise could have been one of the 2 million seniors who are homebound in the United States. However, by attending Elderhaven Adult Day Health Center, she is able to keep her family-centered life by enjoying the company of her friends during the day in a safe, active, environment, all while providing respite to her family caregiver.





Your gift helps seniors like Elouise overcome the challenges of aging, and enables them to enjoy a high quality of life, unhindered by disabilities and chronic medical conditions.

You can change the way aging impacts seniors, their families and our community.

4 ways YOU can make a difference in the lives of seniors:

- ★ Share your resources by making a donation
- ★ Share your time by volunteering
- ★ Share your world by donating items
- ★ Share your passion by joining AGE's cause



Send in your committment to help today!



The founders of AGE believe in the vision that “aging is a shared Journey of Triumph.”

The programs of AGE support people at many different places along that journey. Some come to us to learn. Others come to be empowered. Some come to find guidance, others to be supported.

AGE programs include:

- The Caregiver Resource Center (CRC)
- Elderhaven Adult Day Health Centers
- SeniorNet Computer Learning Institute
- Durable Medical Equipment Lending Closet
- The Historic AGE Building

